

# LANCASTER SMOKEHOUSE

## ALLERGEN INFO SHEET

UPDATED: 16/07/2026



| ALLERGENS:                 | GLUT. | EGG | SOY | NUTS | SEEDS | FISH | S-FISH | DAIRY | CORN |
|----------------------------|-------|-----|-----|------|-------|------|--------|-------|------|
| MEATS & MAINS              |       |     |     |      |       |      |        |       |      |
| PULLED PORK                |       |     |     |      |       |      |        |       |      |
| BEEF BRISKET               |       |     |     |      |       |      |        |       |      |
| PORK RIBS                  |       |     |     |      |       |      |        |       |      |
| SMOKED WINGS               | X*    |     |     |      |       |      |        |       |      |
| CHICKEN LEG                |       |     |     |      |       |      |        |       |      |
| HOT LINK SAUSAGE           |       |     |     |      |       |      |        | X     |      |
| FRIED CHICKEN              | X     |     |     |      |       |      |        | X     |      |
| PLAIN TENDERS              | X     | X   |     |      |       |      |        | X     |      |
| HOT FRIED CHICKEN          | X     |     | X   |      |       |      |        | X     |      |
| HOT FRIED TENDERS          | X     | X   | X   |      |       |      |        | X     |      |
| MONTREAL SMOKED MEAT       |       |     |     |      |       |      |        |       |      |
| FRIED CHICKEN AND WAFFLES  | X     |     | X   |      |       |      |        | X     | X    |
| SIDES                      |       |     |     |      |       |      |        |       |      |
| BAKED BEANS                |       |     | X   |      |       |      |        |       |      |
| RED BEANS AND RICE         |       |     |     |      |       |      |        |       |      |
| COLLARD GREENS             |       |     |     |      |       |      |        |       |      |
| CREAMED CORN               |       |     |     |      |       |      |        | X     | X    |
| MAC AND CHEESE             | X     | X   |     |      |       |      |        | X     |      |
| DILLY COLESLAW             |       | X   |     |      |       |      |        |       |      |
| HAND CUT FRIES             | X*    |     |     |      |       |      |        |       |      |
| SWEET POTATO FRIES         | X*    |     |     |      |       |      |        |       |      |
| TATER TOTS                 | X*    |     |     |      |       |      |        |       |      |
| FRIED BRUSSELS             | X     |     |     |      |       |      |        |       |      |
| CUCUMBER SALAD             |       |     |     |      |       |      |        |       |      |
| SANDWICHES (INCLUDING BUN) |       |     |     |      |       |      |        |       |      |
| PULLED PORK                | X     | X   |     |      | X     | X    |        | X     |      |
| BEEF BRISKET               | X     | X   |     |      | X     | X    |        | X     |      |
| PULLED CHICKEN             | X     | X   |     |      | X     | X    |        | X     |      |
| FRIED CHICKEN              | X     | X   |     |      | X     |      |        | X     |      |
| HOT FRIED CHICKEN          | X     | X   |     |      | X     |      |        | X     |      |
| THE COMEBACK BURGER        | X     | X   |     |      | X     |      |        | X     |      |
| MONTREAL SMOKED MEAT       | X     |     |     |      |       |      |        |       |      |
| FRIED GREEN TOMATO         | X     | X   |     |      |       |      |        | X     | X    |
| SMOKED CDN BACON STACK     | X     | X   |     |      |       |      |        | X     |      |
| CLASSICS                   |       |     |     |      |       |      |        |       |      |
| JAMBALAYA                  |       |     |     |      |       |      | X      |       |      |
| GUMBO (W/O CORNBREAD)      | X     |     |     |      |       | X    |        | X     |      |
| SMOKEHOUSE SALAD           |       |     |     |      | X     |      |        | X     |      |
| CAESAR SALAD               | X     | X   |     |      |       | X    |        | X     | X    |
| BARBEQUE NACHOS            | X*    |     |     |      |       | X    |        | X     | X    |

X\* = Does not contain allergen, potential for cross-contamination

CONTINUED ON REVERSE >>>>>

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|----------------------------|-------|-----|-----|------|-------|------|--------|-------|------|
| CLASSICS CONTINUED         |       |     |     |      |       |      |        |       |      |
| RIB ENDS                   | X     |     | X   |      |       | X    |        | X     |      |
| FRIED GREEN TOMATOES       | X*    |     |     |      |       |      |        | X     | X    |
| MTRL SMKD MEAT CROQUETTES  | X*    | X   |     |      |       |      |        | X     |      |
| CATFISH & CALAMARI         | X*    |     |     |      |       | X    | X      | X     | X    |
| FR-CDN ONION SOUP          | X     |     |     |      |       |      |        | X     |      |
| CLASSIC POUTINE            | X*    |     |     |      |       | X    |        | X     |      |
| NORTHERN SALAD             |       |     | X   | X    |       |      |        |       |      |
| MTRL SMKD MEAT POUTINE     | X*    |     |     |      |       | X    |        |       |      |
| SAUCES AND DRESSINGS       |       |     |     |      |       |      |        |       |      |
| HOME SWEET HOME            |       |     |     |      |       | X    |        |       |      |
| SMOKE 'EM IF YOU GOT 'EM   |       |     |     |      |       | X    |        |       |      |
| FULLILOVE HOT BBQ          |       |     |     |      |       | X    |        |       |      |
| GIMME GIMME SOME RUBBIN'   |       |     |     |      |       |      |        |       |      |
| GOOD OL' BEE HONEY GARLIC  | X     |     | X   |      |       |      |        |       |      |
| HONEY MUSTARD              |       | X   |     |      |       |      |        |       |      |
| PLUM SAUCE                 |       |     |     |      |       |      |        |       | X    |
| HORSERADISH WHITE SAUCE    |       | X   |     |      |       |      |        |       |      |
| BLUE CHEESE DRESSING       |       | X   |     |      |       |      |        | X     |      |
| HOUSE FERMENTED HOT SAUCE  |       |     |     |      |       |      |        |       |      |
| REMOULADE                  |       | X   |     |      |       | X    |        |       |      |
| BUTTERMILK RANCH           |       | X   |     |      |       |      |        | X     |      |
| CAESAR DRESSING            |       | X   |     |      |       | X    |        |       |      |
| CAJUN MAYO                 |       | X   |     |      |       |      |        |       |      |
| RED WINE VINAIGRETTE       |       |     |     |      |       |      |        |       |      |
| MAPLE-SOY VINAIGRETTE      | X     |     | X   |      |       |      |        |       |      |
| DIJONNAISE                 |       | X   |     |      |       |      |        |       |      |
| DESSERTS                   |       |     |     |      |       |      |        |       |      |
| CINN. TOAST TRES LECHE     | X     | X   |     |      |       |      |        | X     |      |
| KEY LIME PIE               | X     | X   |     |      |       |      |        | X     |      |
| CHOC. PEANUT CHEESECAKE    | X     | X   |     | X    |       |      |        | X     |      |
| VANILLA ICE CREAM          |       |     |     |      |       |      |        | X     |      |
| CARAMEL SAUCE              |       |     |     |      |       |      |        | X     |      |
| FRESH WAFFLE               | X     |     | X   |      |       |      |        |       | X    |
| OTHER                      |       |     |     |      |       |      |        |       |      |
| CORNBREAD                  | X     | X   |     |      |       |      |        | X     | X    |
| RICH CHICKEN GRAVY         | X     |     |     |      |       | X    |        |       |      |
| PICKLES AND ONIONS         |       |     |     |      |       |      |        |       |      |
| SUMMER EATS MENU           |       |     |     |      |       |      |        |       |      |
| TOMATO BASIL-RICOTTA SALAD | X     |     |     |      | X     |      |        | X     |      |
| SMOKED CHKN SHWARMA FRIES  | X*    | X   |     |      |       | X*   | X*     |       |      |
| DILLY SHRIMP PO'BOY        | X     | X   |     |      | X     | X    | X      | X     | X    |
| CHKN PARM CAESAR PO'BOY    | X     | X   |     |      | X     | X    |        | X     | X    |
| MEXICAN STREET CORN        |       |     |     |      |       |      |        | X     | X    |

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